

EveryMind strengthens communities and empowers individuals to reach optimal mental wellness

Counseling and Case Management for Children, Youth and Families

Phone/Text/Chat Line

Trained staff and volunteers provide supportive listening, information and resource referrals, and crisis intervention (including suicide assessments) through telephone, text, and chat services.

Services are free, confidential and available:

24/7 phone service with Montgomery County Hotline at 301.738.2255

7 days/week from 8 a.m. to midnight chat with us or text us at 301.738.2255

Community Education

CONTACTS

Community Education

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